

FEBRUARY 2020



Voice of St. George

SAINT GEORGE GREEK ORTHODOX CHURCH
OF THE DESERT

74-109 LARREA ST., PALM DESERT, CALIFORNIA



Inside this issue

ORTHODOX WORK ETHIC: SHARING GOD'S MERCY

...Then there's the story of Paul O'Neill. I recently read about his work at the Alcoa Aluminum Company in *Time Magazine: Special Edition: The Power of Habits*. "Habits" are of interest to me now, as the Triodion season of our Orthodox Christian Liturgical year looms ahead of us. **The Triodion season begins this year on February 9th -- the Sunday of the Publican and the Pharisee**, and we think about the habits of virtue to be embraced and habits of sin to be overcome.

Anyway, Paul O'Neill, the former CEO of the Alcoa Company, confirms for me the Orthodox Christian belief that the Holy Spirit inspires people of all walks of life to perform some *Orthodox deeds*, even if in "the dark" with regard to the *Orthodox Faith*. He had the inspiration to *care* about the *welfare* of Alcoa employees. His first speech to the board of directors was not about "family

pride," or "the bottom line." It was about how to keep people safe. **He cared about them.** As a result of his care for their safety, machinery was improved, based on a new system of improved communications between the lowliest worker and the most prestigious executive. As a result, morale improved and accidents were avoided. The company lost fewer raw materials as a result, and it gained increased work productivity from employees who were at work on a more consistent basis. His *care* for the welfare of others, rocketed the "bottom line" of Alcoa to unprecedented heights. (See: *Time Magazine Special Edition: The Power of Habits*, pgs. 19-25).

Caring for other people always involves that specific part of love that we call *mercy*. Our ability to show mercy is an ability given to us by God, Who Himself is merciful to us beyond measure. The purpose of God's mercy is to share it with others -- to be merci-

ful as our Father in Heaven is merciful. Humility before God is the fountain from which love springs -- and love is care for others and, most often, mercy to those in need.

It is impossible to show God's mercy to others if one is infected with pride. Pride breeds self-righteousness, by which one considers himself or herself to be better than others. According to pride, others are somehow not worthy of care and are for some reason to be condemned. This kind of thinking gives way to a coldness toward others.

The difference between a man like Paul O'Neill and other "normal" CEOs is that his initial care for others trumped the concern for profits. According to such conventional wisdom of our time, as long as a company turns a profit, or a family enjoys any kind of high status, the comfort and needs of others are of a secondary concern. Ultimately, the *expendability* of

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Mailing Address
St. George Church
P.O. Box 4755
Palm Desert, CA 92261
Tel: (760) 568-9901
FAX: (760) 568-9492
Email: [psaintgeorge@gmail](mailto:psaintgeorge@gmail.com)
Website: www.go-stgeorge.org
-Fr. Theodore Pantels, Pastor-
-Dcn. Euthym Kontaxis, M.D.

others leads to homelessness, violence, and a lessening of respect for the sanctity of human life.

Truly, the Church is the conduit for God's mercy. As our St. George parishioners have consistently given food and clothing to the homeless, we must continue to do so with the humility and love of the Publican. We must be constantly vigilant against thoughts of pride, which can easily creep up on us. As a younger priest, for example, I felt privileged to have received my education in order to help people. Like the Pharisee, I was glad to be *chosen* by God as one to whom others would turn for help giving me the respect that Pharisees were accustomed to receive. My "high thinking" was suddenly tempered, however, by a sign hanging over the door of the chaplaincy office at the City of Hope in Duarte, California: "Nobody cares how much you know until they know how much you care."

The success of Alcoa is good; but, the salvation of souls is of immensely more worth. Attracting God's grace through our love and humility, after the fashion of the Publican, allows us to give God's mercy to others. St. Theophan the Recluse notes: "*However painstaking our work, so long as we omit to surrender ourselves to God while performing it, we fail to attract God's grace, and our efforts build up within us not so much a true spirit of grace, but the spirit of the Pharisee.*" (*The Art of Prayer*, pg. 137). Let's keep in mind that it is the Publican's humility before God that would allow him to care for others and win salvation, consistent with the words of St. Peter: "*Above all, love one another deeply, because love covers a multitude of sins.*" (1 Peter 4:8).

+FR. THEODORE

OUR METROPOLIS OF SAN FRANCISCO: FAITH FORWARD



"Faith Forward has become a vital component of support for our Metropolis. Being stewards of the Church extends beyond our parishes, but to the Metropolis, where your time, talent and treasure provide opportunities for the spiritual, educational and cultural edification of our faithful. "

++METROPOLITAN GERASIMOS

Your Faith Forward stewardship at work . . .

--The Clergy Continuing Education ministry is providing innovative educational opportunities for our priests, strengthening the bonds that unite our clergy through mutual support, as well as mentoring newly ordained clergy.

--Our Greek Village camp celebrated 10 years and has developed into a widely respected program offering language immersion and cultural enrichment.

--The Church Music Ministry now operates within a collaborative infrastructure which includes specialized leadership teams to promote music instruction for chanters, choirs and congregations; Sunday School music resources; and various regional educational seminars.

--The Family Wellness Ministry is reaching into our communities by offering marriage workshops, men's retreats, and family enrichment programs. They are also training people at the parish level to serve as Family Wellness coordinators to keep this ministry growing throughout the year.

--A revitalized Stewardship Ministry is consulting with parishes to assist them in expanding their Stewardship programs, and they are also planning regional Stewardship workshops in 2020.

Reports regarding our Metropolis ministries will be provided at our Metropolis Clergy-Laity Conference at St. Nicholas Ranch, February 24-27th.

THE SANCTITY OF HUMAN LIFE (excerpts)

God Himself expressed to Jeremiah: *"Before I formed you in the womb I knew you, and before you were born I consecrated you."* (Jeremiah 1:5)

In the moment of conception in the mother's womb, a human being comes into existence. Yet even before being conceived and formed, this human being is known by God. God exists outside of time, and already knows and loves each one of us personally. God wants us to be alive, and certainly, this is why we must speak against abortion and its legalization: it is in opposition to God's loving plan to bring a human being into the world ...

God brings each human being into the world with a unique purpose of speaking a unique word to the world, to reveal something to the world that will bring it closer to Him... For the purpose of all of our lives' activities is ultimately to become sanctified images of God by imitating God in caring for others. Because of this, we must give every human being the opportunity to live life and to work toward sanctification...

Above all, we reject Cain's sin of murder, in all of its loathsome forms: murder against the unborn, murder through violence, murder by starvation or deprivation, and murder of the ill and elderly. We also reject greed, lust, and selfishness, and we reject harming others, being dismissive of others, and hating others. We then "do good" by being imitators of God in caring for one another, by speaking the truth in love, and by emptying ourselves for the sake of others... We couple our efforts of care for humanity with a call to the world to believe in the Son of God, Jesus the Savior... Who "desires all to be saved and to come to the knowledge of the truth" (1 Tim 2:6, 4).

Yet we know that despite our efforts to do good, each of us falls at times and does evil. But with incredible compassion, our God who knew us before we were formed... still loves each and every human being, despite our faults and mistakes, even those who have made terrible mistakes and have worked evil. Thus, if we recognize that our purpose in this life is to become images of God,

we must also forgive, help, pray for, and love all those who have committed wrong. In imitation of our loving God, whose mercy is immeasurable, we too must love those who have been involved in the evil of abortion, showing mercy and compassion to the poor, desperate, and confused parents who have committed abortions, and praying fervently for the repentance of abortion doctors and advocates everywhere. We must love them, knowing that God loves all ...

At the same time, we cannot allow any excuse for abortion. We firmly believe that a new person comes into being in the moment of conception, and because of this, we must ever strive to prevent abortions from happening, making sure our local communities know of the many Christian-supported pregnancy crisis services available to unprepared and confused young parents. In turn, our churches must ever be willing to love and help such parents and their unborn children.

As we mark the sorrowful 47th anniversary of the legalization of abortion, we remember to hate the sin of abortion, and to make every effort we can to stop it from happening, while loving the misguided and confused ones who have been involved in abortions, knowing that God is willing to forgive all transgressions. In this way, we fulfill the purpose that God has given us in this life... while helping others - unborn and born alike...

++ARCHBISHOP TIKHON

Archbishop of the O.C.A. (Russian Orthodox)



The Assembly of Canonical Orthodox Bishops of the United States of America sent a delegation to the annual **March for Life** in the nation's capital on **Friday, January 24, 2020**.

CHURCH & WELLNESS

The Features of Christ-like Love

Valentine's Day presents an opportune time to speak about Christian love (commonly known as *agape love*).

For one thing, there is a difference between "falling in love" and love itself. *Falling in love* is associated with our pride and carries with it a sense of *possession*. Loving a new car, for example, is a matter of having *pride* in *owning* the car. However, people are not *things* to be possessed. As such, love is not expressed by trying to *control* the other person. For example, teaching children to love God is of much more value than trying to control them so that they can make us proud.

In St. John's Gospel we read that God loved the world so much that He *gave* [*i.e., sacrificed*] His Only-Begotten Son, so that those who believe in Him...shall "*have life everlasting*." Time and again, those who make the effort to emulate God's love find themselves in healthier relationships. Love has two parts -- 1) the *deed* of making the sacrifice, and, 2) the *purpose* for making the sacrifice. To do as God does, true Christians *give* so that others can *live*. Humility is at work more than pride.

In this respect, the *manner* of making the sacrifice is as important as the sacrifice itself. St. Paul, in his definition of love (1 Corinthians 12:27-13:13) explains the means of expressing Christ-like love. Words such as *patience, kindness, endurance, forbearance* convey the *ways* in which God's love is expressed, while, at the same time *describing* the very qualities of God's love. One must do things *with patience; with kindness* by *forbearing* the other's weaknesses. Failure to express love in the proper *manner* undoes attempts to actually act out the virtue of love. For one thing, anything done "for love" is not to be done in order for one to be "puffed up" with pride.

St. John Chrysostom, in his 33rd Homily on the First Epistle of St. Paul to the Corinthians, analyzes St. Paul's definition of love, confirming that love is indeed "*the most excellent way*." (1 Corinthians 12:31).

St. John refers to Psalm 14 to explain the word *longsuffering* (which would be akin to *patience* and *forbearance*). "*One who is longsuffering*," he notes, "*is slow to anger*" and "*is of great understanding; while whoever is hasty of spirit is foolish*." (Nicene-Post Nicene Fathers, Vol 10, pg. 194). He suggests that *envy* and *irritation* are qualities of *foolishness*, saying, "*On not being envious, nor grudging, nor mean-spirited, nor rash...love perfectly purges out [these] things*." (pg. 195).

The qualities of *patience, endurance, kindness and forbearance* are shown as love in that nothing is done "unseemly." Explaining the dynamics that play into "unseemly" words or behaviors, St. John uses the example of the relationship between parents and children. "[*Should children*] *become vicious, the parents keep on correcting, caring for them, abridging the reproaches they incur, and are not ashamed. For love 'does nothing unseemly,' but as it were with certain golden wings covers up all the offenses of the beloved [by not reacting as if personally offended]*." (pg. 196. and footnote: St. John's analysis related to Jonathan and David in the OT).

Finally, St. John explains that the virtue of love, in line with St. Paul's words, does not give up on the beloved. "*It does not despair*." Instead, the virtue of love *believes all things* in this respect: "*Love does not merely hope, says he [St. Paul], but also believes good things from love's great affection. And even if these good things do not turn out according to its hope, but the other person should prove yet more intolerable, it bears even these. For, he says, 'love endures all things.'*" (pg. 198).

With all of this in mind, who would not want to be loved as God loves? Given St. John Chrysostom's analysis, we can read St. Paul's words of advice with better clarity: "*Husbands, love your wives as Christ also loved the Church and gave Himself up for Her...and let the wife see that she respects her husband*." (Ephesians 5:25-33)

+FR. THEODORE

ST. PHOTIOS OF CONSTANTINOPLE: A UNIQUE SAINT AND LEADER

St. Photios of Constantinople was a very important leader of the Orthodox Faith who was Patriarch of Constantinople twice. He left a major impact on the Eastern Church. It is my belief that he was one of the greatest Church leaders of the Eastern Church - perhaps the greatest of all.

In the 4th Century, St. John Chrysostom had been considered as the greatest of all leaders and Saints. However, that was a time when the culture and civilization had been "Hellenic and Roman." He was one of the Three Hierarchs (St. Basil the Great and St. Gregory the Theologian, being the other two).

Many think that Photios was of Armenian descent and was truly charismatic. All in a matter of a few days, he was tonsured a monk and ordained a lector. He was ordained sub-deacon and then deacon. In short order, Photios was ordained a priest and a bishop-- and elevated to the position of Patriarch of Constantinople.

By the middle of the 800's, the world had changed. The Slavs had entered the political/cultural landscape. St. Photios had much to do with the conversion of the Slavs to Orthodoxy. In his concern for the Slavs, he sent Sts. Cyril and Methodius to convert the Slavs, encouraging them to translate the Bible; the teachings of Orthodoxy, and liturgical texts into the Slavonic language. Indeed, the 9th Century found Christians in Constantinople and Rome honoring St. Photios. He had asserted the role of the Patriarch of Constantinople as the one who would convert the Slavs. Prince Vladimir of Russia and all of his people were baptized as Orthodox Christians in the year 988. From his time to this day, the Ecumenical Patriarchate of Constantinople is honored by all Slavic nations as the center of the Faith. Last year, in fact, the Orthodox Church of Ukraine was granted Autocephaly by the Ecumenical Patriarch.

Partly due to his influence over the Slavs, he as-

serted the independence of Constantinople as a Patriarch and leader of the Eastern world. Even the Rome-supported candidate, Ignatius, followed policies similar to Photios. Despite their differences, the two were later reconciled in their old age and Ignatius designated Photios as his successor at the Capital.

St. Photios was the author of many books on the Orthodox Faith. There survives the *Myriobiblon*, a collection of extracts and essays about classical authors. Then, there is the *Amphilochia*, a collection of some 300 questions and answers on difficult points in Scripture, addressed to an Archbishop. Other works include books against the Manichean and Paulician heretics, and books outlining his disagreements with the Latins on the Procession of the Holy Spirit.

This disagreement originated from Rome, which recognized his opponent, Ignatius and which eventually led to what historians refer to as "The Photian Schism." It was a split between Photios and Ignatius. Indeed, prior Ecumenical Councils ruled that Constantinople (the Capital of the Roman/Byzantine Empire) was the major Patriarchate of the Christian world, just after Rome. Photios split with Rome over the tendency of Rome to assert a change in the Nicene Creed regarding the procession of the Holy Spirit. (The Orthodox version of the Creed states: "*I believe...in the Holy Spirit, the Giver of Life, Who proceeds from the Father, Who together with the Father and the Son is worshiped and glorified...*") The Roman Catholic version states: "*I believe...in the Holy Spirit, the Giver of Life, Who proceeds from the Father and the Son, and Who together with the Father and the Son is worshiped and glorified...*"). It is this Roman version that Photios did not accept.

It was St. Photios who established the role of the Ecumenical Patriarch as the one to convert and teach foreign Christians. St. Photios' time was one when Byzantium was strong and paved the way for a stronger Eastern role in the life of Christians on a universal scale.

--MATTHEW DAVIS

PARISH COUNCIL NEWS



The January 2020 Parish Council members are: **Becky Allen, Paul Carkonen, Tony Dalkas, Linda Kallis, Nicholas Kaperonis, Rhonda Latkovic, Chris Maletis, Peter Snarskis, and Tina Veroulis.**

The officers of the Parish Council for 2020 are:

President – Chris Maletis

Vice-President – Tony Dalkas

Treasurer – Nicholas Kaperonis

Secretary/Assistant Treasurer – Tina Veroulis

The Parish Council set **Sunday, February 9th** to be **Stewardship Sunday**. A blessing for the 2020 Parish Pledge Cards will be offered by Fr. Ted following the celebration of the Divine Liturgy.

The members of the Parish Council agreed that an updated revision to the **St. George Endowment Fund Policy** is needed due to changes in the complexion of universal investment strategies that have taken place since 2006 when the Policy was first drafted.

The 2020 St. George Greek Festival is on track to be a success. Parking lot “additional coverage” insurances were sent to the neighboring Hope Lutheran, Spiritual Life, and Christian Science churches, as well as to Washington Charter School. Contracts for parking lot usage will be signed as they are sent by the school and these church communities. Vendors are now being contracted for the Festival. Chair-ships for **Yiayia’s Attic** and **Festival Pastries** were selected: **Chris Delegans** and the **Ladies Philoptochos**, respectively.

It was announced that the “lighting improvement” project for the parish hall was completed. In addition, **ADT Security** was selected to install **surveillance cameras** on our parish property. Surveillance cameras will be up-and-running by the beginning of February.

It was announced that **Godparent Sunday** will be on **Sunday, January 19, 2020**—to be coordinated by our Sunday School staff and Fr. Ted.

Fr. Ted announced that he and Presvytera will be away from January 20, 2020—January 31st in order to visit their daughter in Charlotte, North Carolina and her family. Fr. Dionysie Marian of the Holy Resurrection Romanian Orthodox Monastery in Temecula will celebrate the Divine Liturgy on Sunday, January 26th. Fr. David Kruse of the Antiochian Orthodox parish of St. Raphael will be available for hospital emergency calls.

The first rental of our parish hall is set for **Saturday, September 26th** for a Quicenieta celebration.

METROPOLITAN JOSEPH, PRIMATE OF THE ANTIOCHIAN ORTHODOX ARCHDIOCESE TO VISIT THE COACHELLA VALLEY

His Eminence, Metropolitan Joseph, the spiritual leader of the Antiochian Orthodox Christian Archdiocese of North America will make a pastoral **visit to the Coachella Valley** on the weekend of February 8th and 9th.

Fr. David Kruse and the members of his parish of **St. Raphael** in Thousand Palms will serve to host His Eminence during His visit.

Church Services for the weekend of February 8th and 9th are as follows:

Saturday, February 8th--

Hierarchical Vespers 5:00 p.m.

Sunday, February 9th--

Orthros-9:00 a.m.

Hierarchical Divine Liturgy-10:00 a.m.

Reception-12:30 p.m.

SUNDAY OF ORTHODOXY

This year, the Pan-Orthodox Vesper Service in celebration of the Sunday of Orthodoxy (Sunday, March 15th), will be held at **St. Raphael Antiochian Orthodox Christian Church** in Thousand Palms, California -- at 5:00 p.m.

TRIP TO GREECE--This May features an excursion-tour throughout Greece with Mrs. Margarita Pagoulatos, our Greek School teacher for adults. For details about this trip take a “**Trip to Greece**” flier in our parish hall, or call **Mrs. Pagoulatos at: 714-308-0266**

PHILOPTOCHOS NEWS



The Ladies of Philoptochos are helping in preparing the pastries for our St. George Greek Festival, which will take place on Saturday and Sunday, February 22 and 23rd. Baking will take place beginning at 9:00 a.m. on Mondays, Tuesdays and Thursdays & Fridays throughout the first weeks of February.

Join us next **Sunday, February 9th** in support of women's heart health with our "**Go Red For Women**" day. Everyone, even men (red tie) wearing red will receive a special gift. We will have heart healthy snacks during the coffee hour.

Swing-N-Hops-We will be participating in this fun event on El Paseo on **Saturday, February 8th from 12-5 pm**. Look for the **St. George pastry booth**. Volunteers needed. Please see Tina or Rhonda.

AHEPA NEWS



The AHEPA Chapter 528 **Super Bowl Party** is a success! Pictures from our event will be posted on our website and in the March 2020 *Voice of St. George*. Proceeds from the AHEPA Super Bowl Party are applied to the **Fr. T. P. Theophilos Memorial Scholarship Fund**. Many thanks to **Silas "Pete" Peterson** for coordinating this successful event.

All AHEPA 528 members are asked to help out in the effort of making our **St. George Greek Festival** a success.

The February AHEPA 528 meeting will be held on **Wednesday, February 12, 2020 at St. George at 6:30 p.m.**

We appeal to all the members of our community to support our AHEPA Chapter's Fr. T. P. Theophilos Memorial Scholarship Fund and the "Win for Wynn" project in providing service dogs for veterans of our American Armed Forces. To donate for these most precious causes, check the AHEPA 528 website at: www.ahepa528.org/.

SUNDAY SCHOOL NEWS



Following a very successful Godparent Sunday, our Sunday School students will continue with their regular lessons for the year, with a break in the class-room routine on February 16th in light of needs related to the Festival on February 22-23rd. However, there may be a special event planned for our students on that Sunday

In **March**, we have two events planned. On **Sunday the 8th**, we will have the **icon procession** around the church prior to the Liturgy starting. Don't forget to bring an icon for you and your child(ren) to hold in order to participate in the procession. On **Saturday the 21st** we will take our annual trip to visit Jesus' life at the **Shield's Date Gardens**. Following our walk through the different events in our Lord's life, we will be having brunch at the Date Gardens Cafe. More on that event as we get closer.

STEWARDSHIP SUNDAY

Our **Stewardship Sunday** offering and prayer service will be **Sunday, February 9, 2020**. We are asking all parishioners to return their pledge cards by this date so they can be blessed during the service. You may drop off your pledge cards prior to this to the office, and we will ensure they are included in the offering tray on this special Sunday.

FESTIVAL UPDATE



The 2020 St. George Festival Ad & Sponsorship Program Book is now being printed and will be ready for distribution to all who attend our **Festival on the weekend of February 22-23, 2020**.

Festival preparations began on **Tuesday, January 7th** following the Divine Liturgy commemorating St. John the Baptist and a special prayer by Fr. Ted.

2020 Festival Fliers are available in our parish hall. February is the month to give out "Festival
Continued on the next page ----->

FESTIVAL UPDATE, Continued

Fliers" throughout our Coachella Valley community. All St. George parishioners can be of great help in publicizing our Festival. **Note: the February 8th "Swing and Hops" event on El Paseo from 1:00 p.m. to 5:00 p.m. is an excellent opportunity to publicize our Festival!**

Enclosed also is the "2020 Festival Volunteer Form" to be completed by our parish volunteers indicating the station where they want to work during the Festival weekend and their choice of shifts. In addition, the form indicates the chairpersons for each station. Following the celebra-

tion of the Divine Liturgy on Sundays throughout February, **Jim Christopoulos** will be available at the "Festival Volunteer Table" for volunteer sign-ups.

The Festival site set-up begins in the middle of this month. Help is needed from everyone who is able. Contact **Doug Lyons, Pete Snarskis and John Petalas** to learn where your help is most needed.

During the first week in February, the preparation of our **Festival Pastry station** will be under the auspices of our **St. George Ladies Philoptochos Chapter**.

St. George Greek Orthodox Church of the Desert
74-109 Larrea St. / P.O. Box 4755
Palm Desert, California 92261
web: www.go-stgeorge.org/
email: pdsaintgeorge@gmail.com

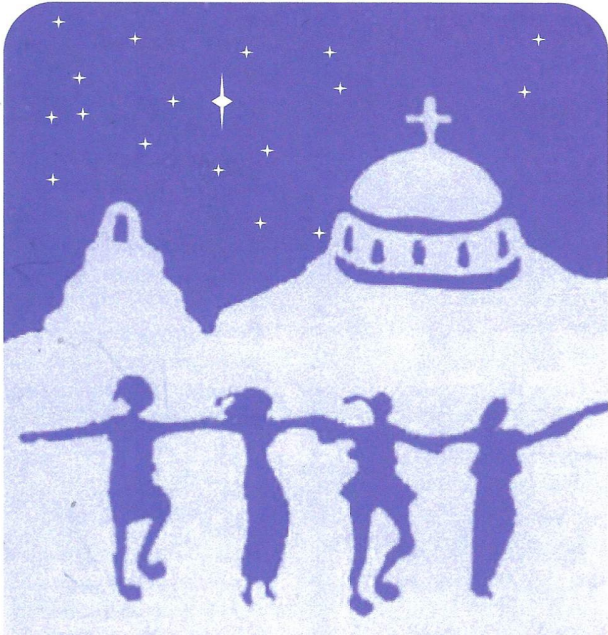
FEBRUARY 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		*A reception for His Eminence, Metropolitan Joseph of the Antiochian Orthodox Archdiocese -- <u>12:30 p.m. Sun, February 9th</u> . Details TBA				1
2 – Presentation of Our Lord in the Temple Ep.Heb.7:7-17 Gos.Luke 2:22-40 AHEPA Super Bowl Party --2:00 p.m.	3 Philoptochos Board Meeting-11:30 a.m.	4 Bible Study-10:00 am	5 Festival Meeting-6:00 p.m.	6-ST. PHOTIOS THE GREAT Orthros-8:30 a.m. <u>D.Liturgy-9:30 a.m.</u> Choir Practice-1:00 p.m. Parish Council Mtg-2:30 p.m.	7	8-Swing & Hops- <u>El Paseo-1-5 p.m.</u> Vespers -St. Raphael Antiochian Orthodox Church (Thousand Palms)with His Eminence, Metropolitan Joseph at 5:00 p.m. *
9 -Publican and Pharisee Ep.Tim.3:10-15 Gos.Luke18-10-14 "Go Red"- American Heart Association Stewardship Sunday	10- ST.HARALAMBOS Orthros-8:30 a.m. D.Liturgy-9:30 a.m.	11 Bible Study-10:00 am	12 AHEPA Meeting-6:30 p.m.	13 Choir Practice-1:00 p.m.	14	15
16 -Prodigal Son Ep. 1 Cor. 6:12-20 Gos.Luke 15:11-32	17 2020	18 GREEK	19 FESTIVAL	20 PREPARATION	21 AND SET-UP	22-SATURDAY OF SOULS Orthros-8 a.m. D.Liturgy-9 a.m. GREEK FESTIVAL 11 a.m.—8 p.m.
23 – Meatfare Ep.1 Cor.8:8-13 Gos.Matt.25:31-46 NOTE: Orthros-8 a.m. D.Liturgy– 9 a.m. GREEK FESTIVAL 11 a.m.-8 p.m.	24 FESTIVAL CLEAN-UP <u>9:00 a.m.</u> Festival Appreciation Dinner - 6:00 p.m. S.F. METROPOLIS	25 Bible Study-10:00 am CLERGY-LAITY	26 CONFERENCE	27 Choir Practice-1:00 p.m.	28	29-SATURDAY OF SOULS Orthros-8:30 a.m. D. Liturgy-9:30 a.m.

GYROS • GREEK LAMB • BAKLAVA • LOUKOUMADES

GREEK CHICKEN • MOUSAKA • SPANAKOPITA • DOLMADE • PASTICHIO • GYROS • GREEK LAMB • BAKLAVA • DOLMADES

GREEK CHICKEN • MOUSAKA • SPANAKOPITA • DOLMADE • PASTICHIO • SOULYAKI • BAKLAVA • DOLMADES • GYROS

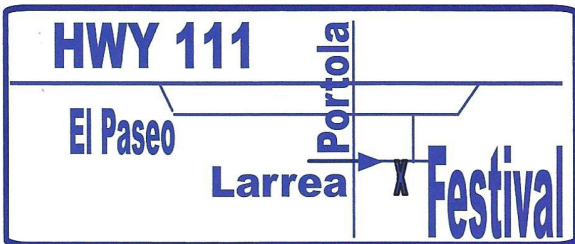


- AUTHENTIC GREEK FOOD
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- CHURCH TOURS
- KIDZ ZONE
- FUN FOR THE ENTIRE FAMILY

Saint George
 Greek Orthodox Church
Proudly presents the
 24TH ANNUAL
**GREEK
 FESTIVAL**

in Palm Desert, CA
Saturday & Sunday
February 22nd & 23rd 2020
11am to 8pm
 on the Church Grounds
 74-109 Larrea, Palm Desert, CA
(760) 568-9901

*Experience Authentic Greek Food
 Devour Heavenly Pastries
 Dance to live Greek music, and
Be Greek for a Day!*



EL PASEO COURTESY CARTS available for festival attendee pick up & drop off. Route along El Paseo from San Pablo to Portola & church festival entrance.
ADDITIONAL PARKING AVAILABLE at Washington Charter School, and Hope Luthern Church & Spiritual Center.
SHUTTLE SERVICE PROVIDED.

ADMISSION \$3

(Children 12 & under free)
 Active Duty Military, Police,
 Fire & EMT Free w/ ID

www.PDGreekFest.org
 t f s PDGreekFest



We are pleased to provide assistance to anyone requesting it. If you need help, please ask.

GYROS • GREEK LAMB • BAKLAVA • LOUKOUMADES

Volunteer for the Festival

February 22nd & 23rd 2020

What Kind of Person Are You?

In this world there are four kinds of people: Everybody, Somebody, Anybody and Nobody.

There was an important job to be done and Everybody was asked to do it. Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did.

Somebody got angry about it because it was Everybody's job. Everybody thought Somebody would do it, but Nobody realized it wouldn't get done by Anybody. It ended up that not only was the job not done, but Everybody accused Somebody, and Nobody accepted the responsibility.

Moral: Everybody's job is Anybody's. Nobody can be Somebody unless they are willing to do Anybody's work.



Please sign up to volunteer in the church hall after liturgy on any Sunday. You may also complete the information on the back and leave it with Jim Christopoulos or Father Ted. Finally, you may email or call Jim at goofy_328@yahoo.com (note “_” between goofy and 328) or 760-902-8460. God bless!

For those of you who are unable to volunteer, but want to help support the festival, you may want to consider “sponsoring” a shift. For a donation of \$60, you can sponsor a paid worker. If interested, please see Jim or Father Ted.



Festival Volunteer Form

Saturday & Sunday, February 22nd & 23rd 2020

»Name: _____

»Phone Number: _____ »Email Address: _____

1. Availability (Please check all that apply):

- a. Set Up the Week Prior to Festival _____
- b. Saturday 2/22 _____ 10:30-3:30 _____ 3:15-8:15
- c. Sunday 2/23: _____ 10:30-3:30 _____ 3:15-8:15
- d. Tear Down the Week Following Festival _____

2. Please check off all areas that you would like to volunteer (we will try to place you in one of these areas, if possible).

Area	Chairperson(s)	Check if Interested
Set-up/Tear down	Doug Lyons	
Front Gate	Lou & Penny Karagianis	
Back Gate	Jim Christopoulos	
Greek Store	Rhonda Latkovic	
Kafenio	Margarita Pagoulatos	
Kids Area	Melissa Hawkins	
Loukoumathes	Krisann & Euthym Kontaxis	
Parking Lot Bar	Nick Krespis	
Courtyard Bar	tbd	
Dinner Line	Athena & Pete Snarskis	
Gyros	George Argyros & John Petalas	
Cooking	George Argyros & John Petalas	
Appetizers	Jim Christopoulos	
Yiayia's Attic	Chris Deleganis	
Accounting/\$ Run	Nick Kaperonis	
Kitchen/Food Run	George & Stacy Argyros	
Pastries	Ladies of Philoptochos	
Parking Lot Carts	Jim Christopoulos	

MAKE IT YOUR MISSION

TO FIGHT HEART DISEASE IN WOMEN



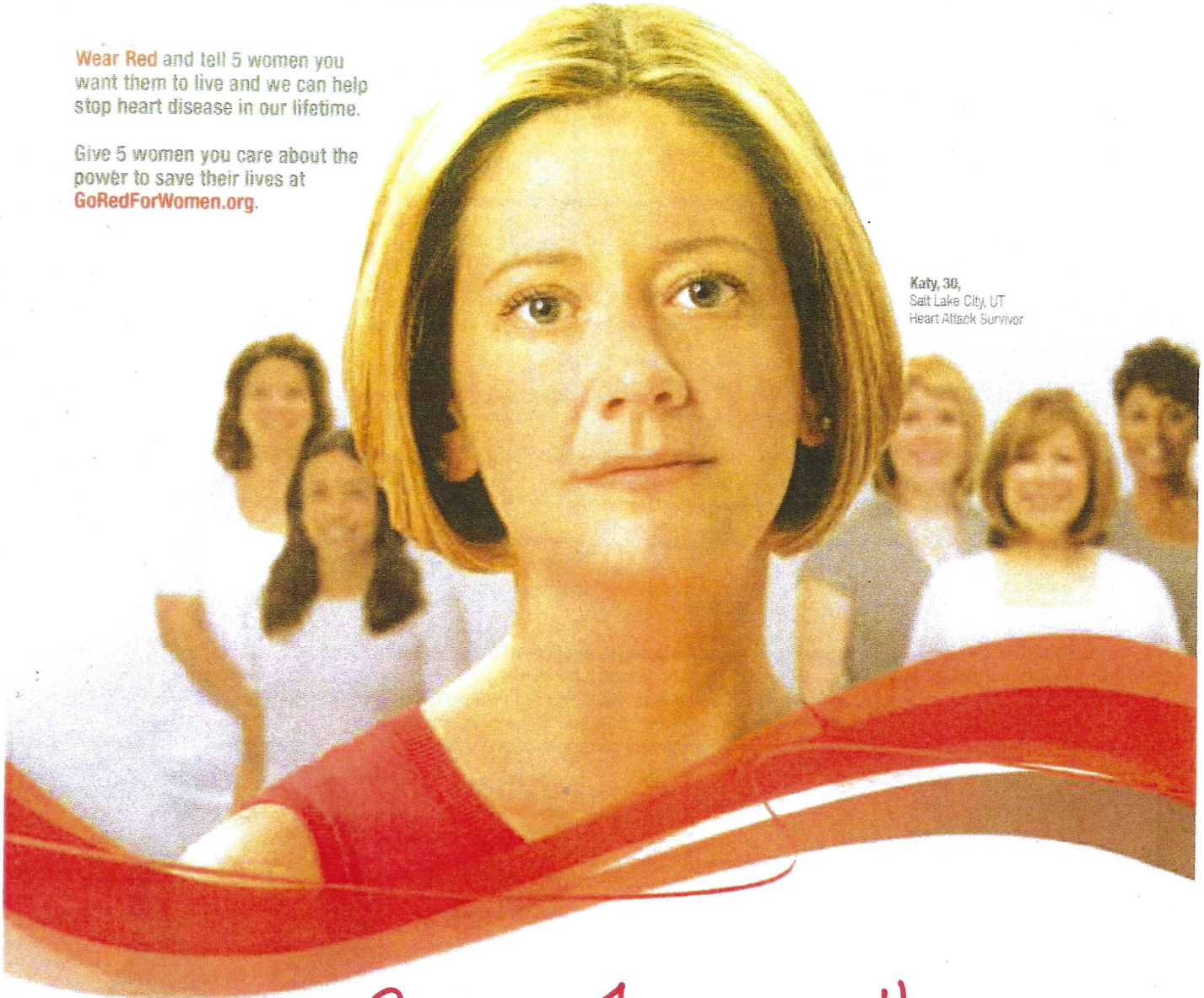
American Heart Association



Wear Red and tell 5 women you want them to live and we can help stop heart disease in our lifetime.

Give 5 women you care about the power to save their lives at GoRedForWomen.org.

Katy, 30,
Salt Lake City, UT
Heart Attack Survivor



Join us on *Sunday, February 9th*
as we Make It Our Mission to stop women's No. 1 killer.


Give 5 women you care about the power to save their lives at GoRedForWomen.org.



St. George Philoptochos

Know the Warning Signs for Heart Disease and Stroke



American Heart Association 

nationally sponsored by



Every year heart disease claims the lives of close to half a million women in our country. In fact, it's the No. 1 killer of American women. Since most of those deaths are from coronary heart disease — about 500,000 each year — it's important to learn all you can about heart attacks. Don't ignore heart problems. It's a matter of life and death! For example, you should know the warning signs so you can get help right away, either for yourself or someone close to you. Acting quickly can save many, many lives!

Some heart attacks are sudden and intense, and no one doubts what's happening. But most heart attacks start slowly, with mild pain or discomfort. Often people affected aren't sure what's wrong and wait too long before getting help. Here are signs that can mean a heart attack is happening:

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness of breath** with or without chest discomfort.
- **Other signs** may include breaking out in a cold sweat, nausea or lightheadedness

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

If you or someone you're with has chest discomfort, especially with one or more of the other signs, don't wait longer than a few minutes (no more than 5) before calling for help.

Call 9-1-1... Get to a hospital right away.

Calling 9-1-1 is almost always the fastest way to get lifesaving treatment. Emergency medical services (EMS) staff can begin treatment when they arrive — up to an hour sooner than if someone gets to the hospital by car. The staff are also trained to revive someone whose heart has stopped. You'll also get treated faster in the hospital if you come by ambulance. If you can't access the EMS, have someone drive you to the hospital right away. If you're the one having symptoms, don't drive yourself, unless you have absolutely no other option.

Myrna Aguilar, 34
South Gate, CA
Family History of Heart Disease
Go Red Por Tu Corazón
Spokesperson

GoRedForWomen.org

